



Uncover

Find your own way!

Find your creative confidence, discover your strengths around the breathtaking Aletsch Glacier region through hiking, yoga, art and guided activities by an experienced coach, an accomplished artist and an inspiring yoga teacher.

After weeks of containment, we all crave nature, connection and freedom. With UNCOVER, we will take you and other extraordinary people on a journey around the Aletsch glacier and we will use movement, nature and art to rekindle your inner flame. We will give you the creative confidence

to see what is your next challenge and to dare to do the first steps in that direction.

Aletsch glacier is a mythical Unesco world heritage site and the perfect scenery for a transformative retreat where you will learn a lot about yourself and reveal

your next challenge for a creative, meaningful and joyful life.

Experiential coach and innovation expert Anja Wyden Guelpa, artist Séverin Guelpa and yoga teacher Olivia Tüscher will guide you on an amazing journey using mind, body and heart.

Start today to uncover who you are and reveal where you want to go!





Our experience to guide you on an amazing journey

Anja Wyden Guelpa

With civicLab, Anja Wyden Guelpa helps companies, CEOs and teams to thrive by working with them on innovation, leadership and their corporate culture. Anja teaches innovation and design thinking in two universities, is an Executive coach, chairwoman or member of different boards of corporate companies and foundations.

Séverin Guelpa

Artist and director of Matza, Séverin Guelpa creates large installations inspired by the grandiose territories he explores, often at the heart of ecological or human issues. In parallel to

his exhibitions around the world, he leads Matza and invites artists, scientists and architects with him to work in endangered regions such as the Aletsch glacier.

and Olivia Tüscher

Olivia Tüscher is a yoga teacher. Her teaching includes breathing techniques, mantras, guided meditation, an understanding of koshas (energy anatomy) and chakras. She will guide you with love, humility, humor and understanding to help you achieve harmony between body and mind. She will encourage you to work deeply but safely and to explore your full energy potential.

When

The retreat starts on Thursday, August 6 at 2 pm and ends on Sunday, August 9 at 6 pm. The program includes visits, yoga (no previous practice required), group coaching, hiking, walk on the glacier and art approaches.

Where

Brig – Blatten - Belalp – Riederalp – Aletschglletscher – Fiesch – Brig

What we offer

CHF 1,200 package includes:

- Accommodation in shared rooms in Hotel Belalp ***, Villa Kassel Riederalp and Aletsch gletscherstube Märjelen.
- All meals
- Activities around art, nature, yoga and self-discovery
- Transportation during the retreat
- Rope and crampons to access the glacier

The retreat will be in English, German and French adapted to everyone.

Start your journey and apply.

Anja Wyden Guelpa
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